



Use the 3Ts to talk with your child about health and safety.

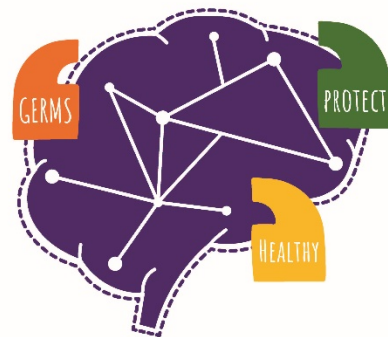
Talk and interaction build your child's brain, and they can also help them adapt to unfamiliar circumstances.

Your day is full of opportunities to use the 3Ts.

- Tune In** Be in the moment.
- Talk More** Use a variety of words.
- Take Turns** Engage your child in conversation.

Use the 3Ts to help your child better understand the changes going on in the world. Talk them through the steps of washing their hands. Explain why they can't go visit grandma. Describe how you're feeling because your child can't see your face when you're wearing a mask.

EVERY WORD YOU SAY
BUILDS YOUR CHILD'S BRAIN, AND
KEEPS THEM SAFE AND HEALTHY



When you use the 3Ts, even small moments can have a big impact!